



The CoRe Programme

A collaboration between the Springboard Road Show Foundation,

Mastercard Foundation and Solidaridad

WORKBOOK

Episode 1: **DISCOVERING YOUR TALENT**

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A talent is simply a God-given or natural ability.

List 4 famous Ghanaians and their talents.

| Famous talented Ghanaians | Their talent or skill |
|-------------------------------|-----------------------|
| Example: Azumah Nelson | Boxing |
| | |
| | |
| | |
| | |

Make a list of 10 abilities and what you can do with them.

| No. | Abilities/Talents | What I can do with them |
|-----|-------------------------|---|
| | Example: Cooking | Start preparing and packaging lunch for people. |
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |
| 6. | | |
| 7. | | |
| 8. | | |
| 9. | | |
| 10. | | |

Write a list of 30 things you can easily do and enjoy doing.

| | |
|----|-----|
| 1. | 16. |
| 2. | 17. |
| 3. | 18. |
| 4. | 19. |
| 5. | 20. |
| 6. | 21. |
| 7. | 22. |
| 8. | 23. |
| 9. | 24. |
| 10 | 25. |
| 11 | 26. |
| 12 | 27. |
| 13 | 28. |
| 14 | 29. |
| 15 | 30. |

Talent Groupings

Based on your list of 30 abilities, count how many of them fall under the groupings below. Example, how many of your abilities fall under sports and physical activities or organizing?

| Talent Group | Number of Talents |
|--|-------------------|
| <i>Example: Communication (Written & Verbal)</i> | 3 |
| 1. Communication | |
| 2. Sports & Physical | |
| 3. Education, Inspiring people & Research | |
| 4. Organizing | |
| 5. Information Technology | |
| 6. Use of hands | |
| 7. Entertainment | |
| 8. Manufacturing, Invention & Hardware | |

The talent group with the highest score is your main talent. The second and third groups are your supporting talents.

"Your talent is God's great gift to you. What you do with it is your great gift to God." - Leo Buscaglia

We hope you have enjoyed this exercise.

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